

Braddock Finnegan Helget Dermatology, P.C.

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CARE AFTER CRYOTHERAPY (LIQUID NITROGEN) Or Cantharidin (Blister Beetle Juice)

- This treatment may cause slight peeling, temporary darkening, and crusting, or blistering with clear or blood-colored filled blister.
- Let this reaction heal naturally. However, if the blister bothers you, puncture it with a needle, sterilized by passing it over the flame of a match or in alcohol. Let the top of the blister fall back on the skin to act as a band-aid. You may need to puncture it again.
- You can use soap and water to clean the area but use plain water if the blister has been opened.
- Apply Vaseline and band aid once a day.
- Report any colored discharge, pain, or red streaks to our office.
- Healing usually takes 7-10 days.
- A larger blister (i.e., 3 or more inches long) may form following Cantharidin treatment application. This too will heal. Please follow the instructions above and call our office for further assistance if this occurs.